

June 3 - 4 - 5 2016
Residency Jinen Butoh workshop
in nature (South Belgium)
with Atsushi Takenouchi



Making Connections: Jinen, Body and Oneself

All life was born from the earth. And originally, humans danced on the ground of this earth. It is important to find out and be conscious that our body is a part of this huge circulation. This time, we will work on our body movement to recognize the connection between nature / environment and oneself through Jinen Butoh training. Atsushi will guide us how to create dance from this awareness, which will enable us to know that we can change all the environment into dance.

During this workshop, we will explore body gravity, movement and balance, imaging body, transformation by internal and external states, visibility and invisibility, various ways of walking, conscious and unconscious movement and create a dialogue between body and environment through basic Butoh practice. Then, we can feel the connection between our body and nature, and also experience the environment as a part of our body. We will discover how the body movement arises and becomes dance. We dance with trees and flowers, the earth and sky, wind and fire, sea wave, stars, sun and moon, let's dance with all nature environments.

From the 3rd to the 5th of June 2016: 3 days intensive Butoh workshop in nature with Atsushi Takenouchi, accompanied by live music made by Hiroko Komiya. Arriving in the evening of June 2nd and departing in the evening of June 5th.

Course language: English

In the morning, warming up is taking place inside the dance studio and after lunchbreak we'll go outside to dance in fields, and forest. The workshop will take place in Le Centre de Partage of Avioth who is welcoming us. (closed by Virton station)

Participation fee is 280 euros including food and accomodation (dormitory or camping)
(When booking, please forward a down-payment of 120 euros)

For any further information and inscription send an email to Mathieu Lilin: matoeu@gmail.com
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